

The Power and Control wheel developed by the Domestic Abuse Intervention Project in Deluth, Minnesota shows the various tactics of abuse that batterers use to control their partners.

NONVIOLENCE

NEGOTIATION AND FAIRNESS

Seeking mutually satisfying resolutions to conflict

• accepting change

• being willing to compromise.

ECONOMIC PARTNERSHIP

Making money decisions together • making sure both partners benefit from financial arrangements.

NON-THREATENING BEHAVIOR

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

RESPECT

Listening to her nonjudgmentally • being emotionally affirming and understanding • valuing opinions.

EQUALITY

SHARED RESPONSIBILITY

Mutually agreeing on a fair distribution of work • making family decisions together.

RESPONSIBLE PARENTING
Sharing parental responSharing parental respon-

Sharing parental responsibilities • being a positive non-violent role model for the children.

Supporting her goals in life • respecting her right to her own feelings, friends, activities and opinions.

TRUST AND SUPPORT

Accepting responsibility for self • acknowledging past use of violence • admitting being wrong • communicating openly and truthfully.

NONVIOLENCE

DOMESTIC ABUSE INTERVENTION PROJECT

202 East Superior Street Duluth, Minnesota 55802

218-722-2781